



MillsCareGroup



Creating a friendly and
relaxed home-from-home

www.millscaregroup.co.uk





MillsCareGroup

At Mills Care Group we understand the importance of choosing the right care for you. That's why at the heart of our nursing and residential care, you will not only find the support you need, but the warmth and personal attention you deserve.



The right care

As a family-owned care provider, every Mills Care home has a team of individuals dedicated to creating a friendly and relaxed home-from-home environment. Our seven homes located in the South East, offer the highest level of individual quality support, to help make the difficult choice of choosing the right care that much easier.

Putting our residents' first

Everyone wants the little things in life taken care of; that's why we look after your wellbeing so you can concentrate on the simple pleasures in life. Whether a good book, a friendly chat, a walk in our picturesque gardens or an afternoon with your children; giving you the freedom to enjoy life is what we're here for.





About us

The Mills Care Group is an independent provider of residential and nursing care homes located in the South East. Established in 1985, under Mills Family Ltd, in 2001, Mr Martin Mills started Chislehurst Care Ltd, and the two companies now operate under the umbrella of The Mills Care Group.

With seven nursing and residential homes, The Mills Care Group comprises of 200 qualified members of staff dedicated to providing individual care for over 150 people. We offer expert nursing, residential and long-term respite care for the elderly. The Mills Care Group also has staff with specialist training in dementia care as well as other conditions to ensure every need is met. We take great pride in ensuring the highest quality of care; the Care Quality Commission (CQC) provides the benchmark for everything we do and the Gold Standard Framework is the measure for our palliative end-of-life care.





Care at the heart

At Mills Care Group, we are committed to ensuring the care and support you receive is unique and person-centred.

Whilst you will find all our homes pristine, well equipped and every garden beautifully conserved, our care is completely non-corporate. From the friendly faces you see when you walk in the door, to the bedrooms decorated to your exact taste, the great home-cooked cuisine, through to the garden parties, regular outings and variety of entertainment put on in the homes, no request is ever too big or too small.

Giving our residents choice is a vital essence of Mills Care Group's ethos. Before you even walk through the door, we encourage you to look at other homes so you know when you arrive here you are making the right choice. And once here, our regular meetings with residents and families are great opportunities to explore new initiatives, such as the Italian cooking and curry nights introduced in a home where residents were keen to try out different cuisines. **Taking proper care of you – that's what we're good at.**

“ Where to start and what to say, thank you seems such a small word, Mum was very happy at Ashglade and she loved all the staff. You all helped her to keep her dignity which was so important to her. She loved the cooking, especially Val's bread pudding. Thank you for everything. ”

Brenda and family (Relatives)

Expertise

Mills Care Group offers expert nursing, residential and long-term respite care for the elderly. We take a person-centred approach to care and no request is too big or too small - looking after you is what we're good at.

Key Features

- 24-hour care with emergency nurse call-out system throughout
- Professional and experienced care from our dedicated staff
- Fully maintained home, both inside and out, offering relaxed and peaceful settings
- Quality furnishings and décor throughout
- Bedroom packages include all furnishings and a personal television with en-suite facilities available
- Daily menu choices with a variety of nutritious home cooked meals available, ensuring all dietary requirements are catered for
- Regular activities and entertainment such as visiting musicians and exercise classes, suggestions from residents and relatives are always welcome

- Organised social outings to local attractions
- Optional hairdressing and chiropody services and newspaper subscriptions
- Professional laundry service
- Fire alarm system throughout
- Fully accessible with lifts and stair lifts
- Parking facilities

Bedrooms

- Our homes all consist of fully furnished rooms and have all been attractively decorated to a high standard, including a personal television and telephone point in every room
- Residents are of course welcome to bring in their own belongings such as pictures, small items of furniture and ornaments, to make their rooms more homely



“ My heartfelt thanks to all the love and care you gave Mum in the last 17 months of her life. You took so much care of her, making her smile and laugh again. I had not seen her like this for some years. You also made me feel like I belonged to the Fallowfield family and I always looked forward to visiting Mum and you all. Thank you all for going the extra mile.

Liz (Relative)

Our residential homes

Ashling Lodge



20 Station Road, Orpington, Kent, BR6 0SA

Telephone: 01689 877946 E-mail: ashlinglodge@tiscali.co.uk

Fairlight Care Home



Bromley Lane, Chislehurst, Kent, BR6 6LL

Telephone: 020 8467 2781 E-mail: adminff@millsgroup.fsnet.co.uk

Heatherwood



33 Station Road, Orpington, Kent, BR6 0RZ

Telephone: 01689 813041 E-mail: ashlinglodge@tiscali.co.uk

Ashglade



178 Southborough Lane, Bromley, Kent, BR2 8AL

Telephone: 020 8467 0640 E-mail: ashgladecare@tiscali.co.uk



Our nursing homes

Sloane



28 Southend Road, Beckenham, BR3 5AA

Telephone: 020 8650 3410 E-mail: sloanenursinghome@dsl.pipex.com

Blyth



16 Blyth Road, Bromley, Kent, BR1 3RX

Telephone: 020 8460 3070 E-mail: blyth.house@tiscali.co.uk

Fallowfield Care Home



Ashfield Lane, Chislehurst, Kent, BR7 6LQ

Telephone: 020 8467 2781 E-mail: adminff@millsgroup.fsnet.co.uk

All our homes provide 24-hour care and support. We understand the importance of preserving a person's dignity at all times.

All of our registered nurses and care assistants are highly trained and continuing professional training and development is both encouraged and supported throughout.





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Fairlight and Fallowfield Care Home

Ashfield Lane, Chislehurst, Kent, BR7 6LQ

Telephone: 020 8467 2781

E-mail: adminff@millsgroup.fsnet.co.uk

Website: www.millscaregroup.co.uk



Ashling Lodge | Ashglade | Fairlight and Fallowfield | Blyth | Heatherwood | Sloane